

WINTER ADVENTURE

2023





Please read through this information pack for full details of the Winter Adventure 2023 packages before making a booking enquiry. Please note, this package does not include alpine/downhill skiing.

There are three options for Winter Adventure Packages. All options are suitable for groups or families (participants do not need to be members of Guiding/Scouting). Participants can be any age, but most activities are best suited to age 10+. To book places for children under age 10, please e-mail info@ourchalet.waggs.org prior to booking to discuss options.

All under 18s must be accompanied by a parent/guardian or group leader age 18+. A minimum of 10 participants is required to run Winter Adventure programme, this can be made up of smaller groups.

Option	Programme
4-night package	3 day programmes + 3 evening programmes
6-night package	5 day programmes + 5 evening programmes
8-night package	6 day programmes + 6 evening programmes + 1 free day

Option	High season age 16+	High season age 10-15	Low season age 16+	Low season age 10-15
4 nights	CHF516	CHF504	CHF436	CHF424
6 nights	CHF750	CHF738	CHF630	CHF618
8 nights	CHF952	CHF928	CHF792	CHF768

High season = 29 December 2022 – 4 January 2023 & 11-26 February 2023

Low season = all other dates January-March 2023

Winter Adventure packages are available any week January – March 2023, subject to availability.

When you are ready to book you can send a booking enquiry [here](#).

If after reading the information pack you have questions about the event, please e-mail info@ourchalet.waggs.org.



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Family members/non-Guides/Scouts on Winter Adventure Packages

Participants on Winter Adventure Packages are not required to be members of Guiding/Scouting, anyone is welcome to join. At least one adult age 18+ must take responsibility for participants aged under 18 on their booking. This includes accompanying participants on all programme activities.

For families with young children, it is possible for one parent/guardian and accompanying young children to book in for an independent stay (meals and accommodation but no programme) at the same time as the Winter Adventure Package. To enquire about this option please e-mail info@ourchalet.waggs.org.

Participants with disabilities

Most of our activities can be adapted to be suitable for participants with physical, learning, or sensory disabilities/impairments. Some winter activities, for example cross-country skiing, may need to be substituted with a different activity. Please be aware that our activities go ahead in all weather conditions.

Transport, including wheelchair accessible taxis, can be arranged where necessary. Our accommodation is partially accessible for wheelchair users and those with limited mobility. **Please contact us prior to booking to discuss your needs.**

Please note that transport in lieu of walking on programme activities can only be provided for guests with permanent disabilities to help us make our programming inclusive. **For those with temporary injuries, those with lower fitness, or those who simply prefer not to walk, transport can be arranged at extra cost.**

Activities and weather

Our Chalet programme activities go ahead in all weather conditions. Participants are therefore responsible for ensuring they have appropriate clothing and footwear. Our Chalet has some outdoor winter clothing and boots/shoes available to borrow but cannot guarantee to have specific sizes.

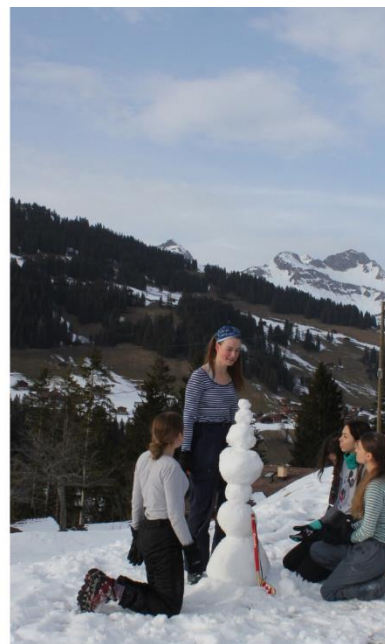
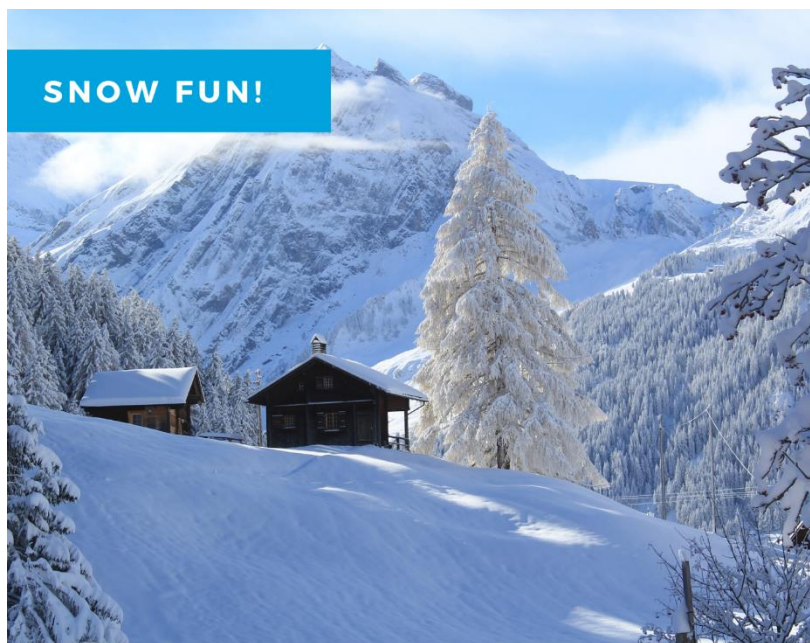
Important: Our Chalet will do its best to provide the programme listed here; however, in some circumstances (lack of snow, supplier availability, etc.) it may be necessary to substitute similar activities.



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ONSITE DAY

Spend a day onsite at Our Chalet playing games and taking on challenges to build your teamwork. Activities vary and can be adapted to suit the age range, interests, and abilities of participants.

Included in: all Winter Adventure packages.

Physical activity level: low to moderate, can be adapted to suit a range of physical abilities.

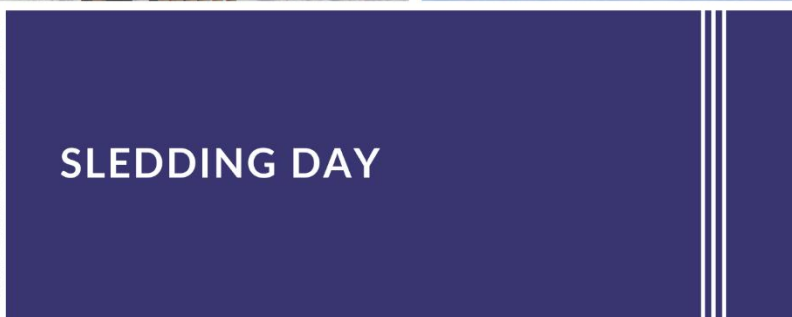
Good to know: most activities take place outside.



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Time to hit the slopes! Just like skiing, sledding in Switzerland is a serious sport with sled runs of various difficulties and lengths. Our Chalet staff will teach you the basics on a 'baby slope' before taking you down your first blue (easy) run. Once you've got the hang of it you're free to explore the 10km+ of trails.

Don't worry, you won't ever need to drag your sled uphill – all the sled runs end at a chair lift to take you back to the start. After a picnic lunch, snow conditions permitting, we'll sled all the way down the mountain and catch the bus back into the village.

Included in: all Winter Adventure packages.

Physical activity level: moderate to high – participants need to use their legs/feet to brake and steer. This activity is not recommended for those with severe ankle or knee problems or those with brittle bones. The walk from Our Chalet to the gondola (cable car) is approximately 30 mins each way, including steep up and down hill sections.

Good to know: sturdy boots with ankle support are required to take part in this activity.



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CROSS COUNTRY SKIING

Try cross-country skiing on a track with stunning views at Engstligenalp – an ‘alp bowl’ at the end of a valley. Our Chalet staff will teach you the basics and then take you around the circular ski track showcasing the best views of the alp. Of course, there’s time for games and skills building along the way!

Included in: all Winter Adventure packages

Physical activity level: high – as well as the cross-country skiing there is a 30-45 min walk each way, including up and down hill sections.

Good to know: all equipment is provided



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Adelboden village offers plenty of opportunities to shop for souvenirs, try local treats in one of the cafes, and see many traditional Swiss buildings. A scavenger hunt is available for those who would like to challenge themselves while exploring the village.

The Trummer family have been running a woodcarving business since 1945, where visitors can see woodcarving in action and watch as their own personalised woggles, trefoil badges, or other souvenirs are hand-decorated.

Included in: 6-and 8-night Winter Adventure packages

Physical activity level: moderate – walking of 1km downhill + 4km mostly downhill + 2.6km downhill then steep uphill

Good to know: The woodcarver only accepts credit cards for purchases of CHF 30 or higher. For small purchases make sure you bring cash in Swiss Francs (CHF).



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Eisstock is a sport similar to curling and popular in the alpine regions of Switzerland. Slide your stick over the ice and try to get it closest to the target! A great team-building activity and taste of Swiss culture.

The other half of the day is spent with a WAGGS programme session helping you to grow in confidence, learn new skills, and maybe even earn a badge! The programme session will be tailored to be suitable for the age range of the participants.

Included in: 6-and 8-night Winter Adventure packages

Physical activity level: moderate – Eisstock requires low physical activity but there is a 30-minute walk each way to/from the Arena including steep up and down hill sections.

Good to know: if you would like to work on a specific WAGGS session or badge please let us know prior to your arrival.



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BONDERFALLS SNOW SHOE

Snowshoes have moved on since the days when they looked like giant tennis rackets! Our Chalet staff will guide you on a snowshoe hike, giving you a taste of this popular winter sport. Our destination is Bonderfalls – a series of frozen waterfalls running down the face of the impressive Lohner mountain.

Included in: 8-night Winter Adventure package

Physical activity level: high – walking on snowshoes is hard work!

Good to know: we recommend the use of hiking poles; Our Chalet has some available to borrow but if you have your own you might like to bring them.



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All Winter Adventure packages also include evening programmes run by our international staff. Evening programmes vary but may include campfire, leadership skills sessions, guided night hikes, games night, Swiss night, or international night.

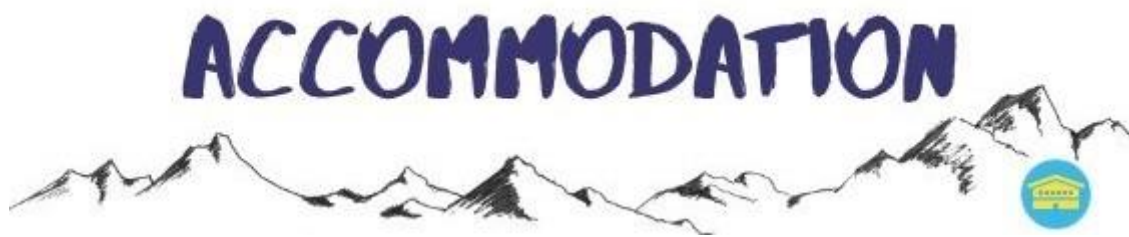
Each evening programme lasts approximately 1.5 hours and gives participants extra opportunities to learn new skills and get to know other participants.



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Important information about accommodation:

- For this event, only fully catered indoor accommodation is available.
- Our Chalet is open to guests of all genders. We are not able to guarantee single-gender hallways or buildings.
- For groups, rooms will be allocated by Our Chalet and it is up to group leaders to allocate their participants to each room.
- Rooms are not shared between groups, unless multiple groups request to share.
- Bed linen and towels are provided and for hygiene reasons we do not allow the use of sleeping bags in our accommodation.
- For fire safety reasons it is not possible to add extra beds or mattresses to any of our rooms.
- For full details of wheelchair accessibility please e-mail info@ourchalet.waggs.org



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Our indoor accommodation is offered across two buildings:

Main Chalet opened in 1932 and offers dorm rooms, triple rooms, twin rooms, and a single room. The largest dorm room can sleep up to 14 guests. None of the rooms in Main Chalet have bunk beds.

Spycher House opened in 1999 and offers one dorm room (sleeps up to eight guests), quad rooms, twin rooms, and two single rooms. Some rooms in Spycher House have bunk beds.

For groups, rooms will be assigned by our office staff based on your needs. To maximise availability, groups may be split across both buildings. Our staff always ensure at least one leader is in the same building as participants from their group.

Participants from different groups do not usually share rooms (unless by request); however, different groups will share the same common facilities such as bathrooms and hallways. Our Chalet is open to guests of all genders.

For details of wheelchair accessibility in our indoor accommodation please e-mail info@ourchalet.waggs.org. As a broad overview, accommodation suitable for manual wheelchair users is available in Spycher House. Users of powered wheelchairs or mobility scooters who can transfer to a manual chair without the use of a hoist can also access this accommodation.



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All meals from dinner on arrival day to packed lunch on departure day are included in the package cost.

The kitchen at Our Chalet is operated by the Catering Coordinator and a team of volunteer staff. We do our best to accommodate dietary requirements, but if you have a severe allergy or complex dietary requirement, we recommend you discuss your needs prior to booking.

Breakfast

A cold breakfast of cereals, yoghurt, bread, cheese, and fruit is available every morning in a self-service buffet style. Hot and cold drinks are also included.

Packed lunch

Guests make a packed lunch (sandwiches, fruit, snacks, etc.) each morning. We recommend guests bring a lunch box or bag to carry their lunch as we do not offer single-use sandwich bags.

Dinner

Dinner is served at one sitting and offers one option for everyone. Typical dinners include Swiss dishes such as rösti and camp favourites like chilli or pasta. Dinners always include salad or vegetables and include two courses with a main meal and dessert.

Special diets

Special diet meals, including vegetarian, vegan, and gluten-free are available only to participants who have notified us in advance of their need for a special meal. Your pre-arrival paperwork will ask you to specify dietary requirements for each person in your group.



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We look forward to welcoming you to Our Chalet in 2023!



OUR CHALET
WORLD ASSOCIATION
OF GIRL GUIDES
AND GIRL SCOUTS