

NEW YEAR'S BREAK 2022-2023





Please read through this information pack for full details of the New Year's Break options. Our New Year's Break event offers a range of activities for you to experience the Swiss Alps in winter. This package does not include downhill skiing, if you are a skier and would like to visit for skiing over New Year please contact us to enquire about ski packages.

When you are ready to book you can send a [booking enquiry here](#).

If, after reading the information pack, you have questions about the event, please e-mail info@ourchalet.waggs.org.

New Year's Break is open to individuals, families, and groups of all ages and genders. Participants are not required to be members of Guiding/Scouting.

Package Type	Dates
4 day	29 December 2022 – 3 January 2023
6 day	29 December 2022 – 5 January 2023

Note: Each package type requires a minimum of ten participants to run. Individuals, families, and groups of fewer than ten people are welcome to book, but we recommend you do not make travel arrangements until at least ten participants are confirmed.

New Year's Break is available in the following options

Option	Adult (16+)	Child (10-15)
4-day age 10+	CHF 525	CHF 485
4-day age 16+	CHF 610	N/A
6-day age 10+	CHF 861	CHF 784
6-day age 16+	CHF 924	N/A

Everyone aged 16+ is welcome to choose any of the four packages to book. Those aged under 16 can only book onto the age 10+ packages and must have at least one adult age 18+ on their booking.



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Children at New Year's Break

The activities included in the age 10+ version of the New Year's Break event are most suitable for children aged 10 years and up. If you would like to visit with younger children please contact us to discuss options.

The age 10+ event is suitable for families, friends, and Guide/Scout groups. At least one parent/guardian or leader must participate in the age 10+ event – children under 17 cannot participate without an accompanying adult. Additional adults may choose to participate in the adult version of the event.

If you are bringing a Guide/Scout group you are responsible for ensuring you meet your Member Organisation's rules regarding supervision of your group. Our Chalet staff cannot be counted as leaders for this purpose. Leaders are responsible for all children/young people in their group at all times, including any first aid needs. Guides/Scouts aged 16-17 may participate in either package but must be accompanied by at least one leader on the same package. If your group books across both packages you must have leaders booked on both.

Guests with disabilities

Most of our activities can be adapted to be suitable for guests with disabilities. Transport, including wheelchair accessible taxis, can be arranged, where necessary. Our accommodation is partially accessible for wheelchair users and those with limited mobility. Please be aware that our activities go ahead in all weather conditions. **Please contact us prior to booking to discuss your needs.**

Please note transport in lieu of walking included in programme activities can only be provided for guests with permanent disabilities to help us make our programming inclusive. For those with temporary injuries, those with lower fitness, or those who simply prefer not to walk, transport by taxi can be arranged at guest's own expense.



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NEW YEAR'S BREAK PACKAGE OPTIONS

The table below gives an example itinerary for the four New Year's Break package options. Note that activities will not necessarily take place in this order. While we do our best to provide the activities advertised here it is occasionally necessary to make changes based on weather conditions and supplier availability.

4 day age 16+	4 day age 10+	6 day age 16+	6 day age 10+
Tschenten sled day	Tschenten sled day	Tschenten sled day	Tschenten sled day
Spa day	Eisstock + indoor climbing	Spa day	Eisstock + indoor climbing
Engstligenalp with fondue igloo	Engstligenalp with snow tubing	Engstligenalp with fondue igloo	Engstligenalp with snow tubing
Onsite – Swiss baking + Our Chalet history	Onsite – winter games	Onsite – Swiss baking + Our Chalet history	Onsite – winter games
<i>Departure day</i>	<i>Departure day</i>	Interlaken with chocolate lab	Winter kayaking on Lake Brienz
		Bowling + escape room	Winter survival skills onsite day

The next few pages give more detail about each activity. Evening programmes are also included in all package options and are joint activities with participants from all packages.



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SLEDDING DAY 10+ AND 16+ PROGRAMMES

Sledding is a challenging winter sport here and Tschetenalp offers almost 15km of groomed sled runs for you to try.

Our staff will teach you the basics on the baby slope before taking you on your first real sled run. Then you're free to have a go at your own speed! If you're already an experienced sledder there are harder red and black level runs to try. All the runs end at a chairlift, meaning you never need to drag your sled uphill!

Sleds and helmets are provided by Our Chalet. Participants need warm, waterproof layers for top and bottom, and boots with ankle support (snow boots or hiking boots work well). Sunglasses or ski goggles are recommended.

Physical activity level:

Walking: The walk from Our Chalet to the gondola station is 20 mins walk down a steep hill + 10 mins mostly flat and return via the same route (approx. 30 mins up the steep hill). For those who do not wish to walk taxis can be arranged at extra cost.

Sledding: You brake and steer with your feet, therefore sledding is not suitable for those with serious ankle or knee problems. There is always a risk of falling from a sled; this is not a recommended activity for those with brittle/weak bones. Helmets are mandatory.

Which package: This day is included in all four package options.

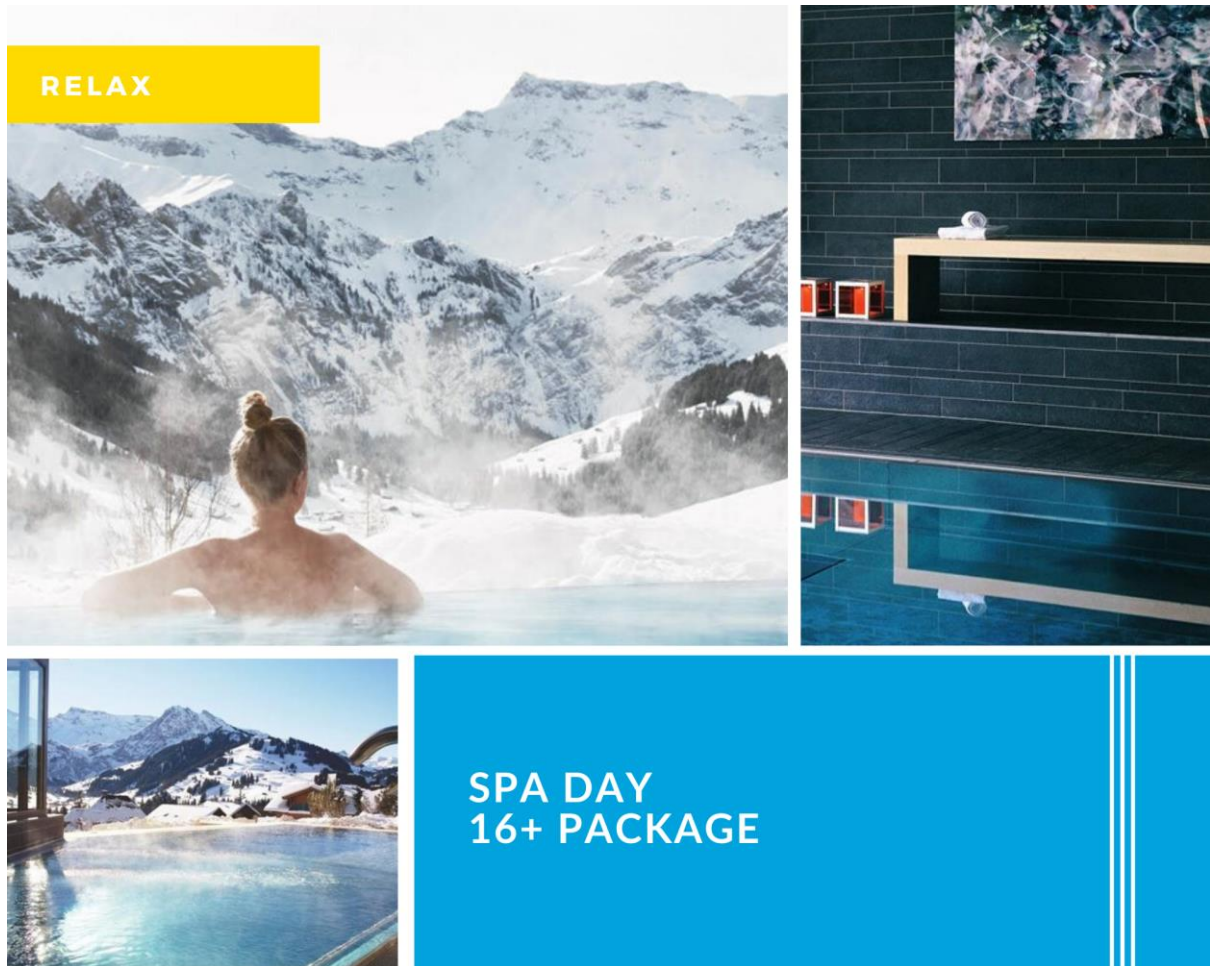


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Adelboden is known as a destination for wellness. Find out why with a day at one of Adelboden's spas to enjoy the heated pools and sauna facilities. Transport to and from the spa and lunch in the attached restaurant are included to make this a truly relaxing day.

Physical activity levels:

Physical activity level is very low, however, use of sauna facilities is not recommended for pregnant woman.

Which package: This day is included in the 4-day and 6-day 16+ packages.



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Eisstock is a sport similar to curling and popular in the Alpine regions of Switzerland. Slide your stick over the ice and try to get it closest to the target! A great team-building activity and taste of Swiss culture. Then try bouldering in the indoor climbing area.

Physical activity level:

The walk to/from the Arena is approximately 40 minutes including steep uphill and steep downhill. The return walk follows the same route. For those who do not wish to walk taxis can be arranged at extra cost. Eisstock and bouldering can be adapted to suit different fitness/ability levels.

Which package: This day is included in the 4-day and 6-day age 10+ packages.



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Engstligenalp is located at 1,964m and offers spectacular views of the valley and the surrounding mountains, as well as Switzerland's second highest waterfall, which may be frozen during your visit! The walk from Our Chalet to the gondola station follows the river through Swiss farmland with beautiful views of the surrounding mountains.

Once you reach the gondola station you travel around 600m up to the alp by gondola where those on the 16+ package head to the fondue igloo for lunch followed by time to explore the alp, which offers various short winter hiking trails.

Meanwhile those on the 10+ package enjoy the views with their packed lunch before donning their helmets to give snowtubing a try. After snowtubing there's time to warm up with a hot drink in the mountain restaurant before both groups meet up to head back to Our Chalet.

Physical activity level:

Walking: The walk from Our Chalet to the gondola station is approximately 1.5-2 hours, mostly downhill and flat with a short uphill section near the end. The return journey is by bus plus approx. 30 mins of uphill walk. For those who do not wish to walk taxis can be arranged at extra cost.

Snowtubing: This activity is fast but easy! Participants simply need to sit a snowtube ring and slide down the track. It is not recommended for those with brittle/weak bones.

Which package: This day is included in all packages.



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WINTER GAMES OR BAKING + HISTORY

10+ package: Spend a day onsite at Our Chalet enjoying fun and challenging team games. We have a range of indoor and outdoor games for all weather conditions

16+ package: Spend a day onsite learning Swiss baking (and sampling the results, of course!) and the history of Our Chalet. A great opportunity to take it easy while learning something new!

Physical activity level:

10+ programme: Games can be adapted to all fitness and ability levels.

16+ programme: Very low physical activity required.

Which package: Onsite winter games is included in the 4 and 6 day age 10+ package, Swiss baking and Our Chalet history is included in the 4 and 6 day age 16+ package.



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Experience the stunning winter views from Lake Brienz on a winter kayaking adventure. Qualified, English speaking guides take you on a tour of the lake in sea kayaks with drysuits to keep you warm as you glide through the winter landscape. This is the perfect way to see a different type of winter landscape while trying something new and adventurous!

Note: Due to drysuit sizing there is a limit on the number of people under 150cm height that can take part in this activity. Please let us know when booking how many people in your group are under this height.

Physical activity level:

Transport to/from Interlaken is included, however, there is a 20 minute downhill walk to the transport pick up point and a return uphill walk at the end of the day. A 30-minute flat walk along the river brings you to the kayak school from the drop off point. Up to 2 hours is spent kayaking. Double kayaks are possible for those who would struggle to control a kayak on their own. Transfer board and adaptive equipment are also available.

Which package: This day is included in the 6 day age 10+ package.



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EXPLORE



INTERLAKEN DAY 16+ PACKAGE

Head to the chocolate laboratory to learn about the origins of chocolate and then create your own chocolate masterpiece under the guidance of professional chocolatiers. Once you've eaten your fill of chocolate, enjoy a leisurely afternoon in Interlaken exploring its many shops and cafes or watching the paragliders land.

Physical activity level:

Transport to/from Interlaken is included, however, there is a 20 minute downhill walk to the transport pick up point and a return uphill walk (approx. 30 mins) at the end of the day. For those who do not wish to walk taxis can be arranged at extra cost.

Which package: This day is included in the 6-day adult package.



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ESCAPE
ADELBODEN



BOWLING + ESCAPE ROOM 16+ PACKAGE

Get ready to test your teamwork with a day of tenpin bowling and tackling the Adelboden escape room. Learn about the Adelboden legend of Vogellisi as you use the clues she has left you to solve the riddle.

Physical activity level:

The walk to/from the Arena is approximately 40 minutes including steep uphill and steep downhill. The return walk follows the same route. For those who do not wish to walk taxis can be arranged at extra cost.

Which package: This day is included in the 6-day adult package.



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WINTER SURVIVAL ONSITE DAY 10+ PROGRAMME

Learn how to survive in the winter with a series of fun activities and challenges on our winter survival onsite day. Teamwork, leadership, creativity, and practical skills are all tested in a programme perfect for families and groups.

Physical activity level:

Activities can be adapted to all fitness and ability levels.

Which package: This day is included in the 6 day age 10+ package.



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All our New Year's Break Packages include evening programmes run by our international staff. Evening programmes vary but may include games night, campfire, New Year's Eve party, guided night hikes, Swiss night, and international night.

Each evening programme lasts approximately 1.5 hours and gives participants opportunities to learn new skills and get to know other guests. All evening programmes are optional, we just ask that you let us know on the day whether or not you plan to attend.

Our New Year's Eve party lasts longer offering family friendly fun through to midnight, when we head outside to watch the village fireworks. **Note: our New Year's Eve programme is designed to be suitable for children, we do not allow alcohol to be consumed during this programme.** Guests wishing to celebrate in a more adult fashion are advised to look into party options in the village of Adelboden. Excessive alcohol consumption and fireworks are not permitted on the Our Chalet site.




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ACCOMMODATION



Important information about accommodation:

- For New Year's Break only fully catered, indoor accommodation is available.
- Our Chalet is open to guests of all genders. We are not able to guarantee single-gender hallways or buildings.
- For groups, rooms will be allocated by Our Chalet and it is up to group leaders to allocate their participants to each room.
- Rooms are not shared between groups, unless multiple groups request to share.
- Bed linen and towels are provided and for hygiene reasons we do not allow the use of sleeping bags in our accommodation.
- For fire safety reasons it is not possible to add extra beds or mattresses to any of our rooms.
- We are not able to provide cots or cribs. Please arrange to bring your own travel cot/crib with you if needed.
- For full details of wheelchair accessibility please e-mail info@ourchalet.waggs.org



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Our indoor accommodation is offered across two buildings:

Main Chalet opened in 1932 and offers dorm rooms, triple rooms, twin rooms, and a single room. The largest dorm room can sleep up to 14 guests. None of the rooms in Main Chalet have bunk beds.

Spycher House opened in 1999 and offers one dorm room (sleeps up to eight guests), quad rooms, twin rooms, and two single rooms. Some rooms in Spycher House have bunk beds.

For groups, rooms will be assigned by our office staff based on your needs. To maximise availability, groups may be split across both buildings. Our staff always ensure at least one leader is in the same building as participants from their group.

Participants from different groups do not usually share rooms (unless by request), however, different groups will share the same common facilities such as bathrooms and hallways. Our Chalet is open to guests of all genders.

For details of wheelchair accessibility in our indoor accommodation please e-mail info@ourchalet.waggs.org. As a broad overview, accommodation suitable for manual wheelchair users is available in Spycher House. Users of powered wheelchairs or mobility scooters who can transfer to a manual chair without the use of a hoist can also access this accommodation.



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All meals from dinner on arrival day to packed lunch on departure day are included in the package cost.

The kitchen at Our Chalet is operated by the Kitchen Manager and a team of volunteer staff. We do our best to accommodate dietary requirements (when notified in advance), however, if you have a severe allergy or complex dietary requirement, we recommend you discuss your needs prior to booking.

Breakfast

A cold breakfast of cereals, yoghurt, bread, cheese, and fruit is available every morning in a self-service buffet style. Hot and cold drinks are also included.

Packed lunch

Guests make a packed lunch (sandwiches, fruit, snacks, etc.) each morning. We recommend guests bring a lunch box or bag to carry their lunch as we do not offer single-use sandwich bags.

Dinner

Dinner is served at one sitting and offers one option for everyone. Typical dinners include Swiss dishes such as rösti and camp favourites like chilli or pasta. Dinners always include salad or vegetables and include two courses with a main meal and dessert.

New Year's Eve Meal

On New Year's Eve a three-course meal is included in your package cost.



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We look forward to welcoming you to Our Chalet in 2022/23!



OUR CHALET
WORLD ASSOCIATION
OF GIRL GUIDES
AND GIRL SCOUTS