NEW YEAR'S BREAK 2024 - 2025





Please read through this information pack for full details of the New Year's Break options. Our New Year's Break event offers a range of activities for you to experience the Swiss Alps in winter. This package does not include downhill skiing, if you are a skier and would like to visit for skiing over New Year please contact us to enquire about ski packages.

When you are ready to book you can send a booking enquiry here.

If, after reading the information pack, you have questions about the event, please e-mail <u>info@ourchalet.wagggs.org</u>.

New Year's Break is open to individuals, families, and groups of all ages and genders. Participants are <u>not</u> required to be members of Guiding/Scouting.

Package Type	Dates
4 day	29 December 2024 – 3 January 2025
6 day	29 December 2024 – 5 January 2025

Note: New Years Break requires a minimum of ten participants to run. Individuals, families, and groups of fewer than ten people are welcome to book, but we recommend you do not make travel arrangements until at least ten participants are confirmed.

New Year's Break is available in the following options

Option	Adult (16+)	Child (10-15)
4-day	CHF 631	CHF 593
6-day	CHF 987	CHF 938
Optional Fondue Igloo Lunch	CHF 39	CHF 24







Children at New Year's Break

The activities in the New Year's Break event are most suitable for children aged 10 years and up. If you would like to visit with younger children please contact us to discuss options.

If you are bringing a Guide/Scout group you are responsible for ensuring you meet your Member Organisation's rules regarding supervision of your group. Our Chalet staff cannot be counted as leaders for this purpose. Leaders are responsible for all children/young people in their group at all times, including any first aid needs. Guides/Scouts aged 16-17 may participate in either package but must be accompanied by at least one leader on the same package. If your group books across both packages you must have leaders booked on both.

Guests with disabilities

Most of our activities can be adapted to be suitable for guests with disabilities. Transport, including wheelchair accessible taxis, can be arranged, where necessary. Our accommodation is partially accessible for wheelchair users and those with limited mobility. Please be aware that our activities go ahead in all weather conditions. **Please contact us prior to booking to discuss your needs.**

Please note transport in lieu of walking included in programme activities can only be provided for guests with permanent disabilities to help us make our programming inclusive. For those with temporary injuries, those with lower fitness, or those who simply prefer not to walk, transport by taxi can be arranged at guest's own expense.

Snow conditions

IMPORTANT NOTE: In recent years snow cover in late December/early January has become less reliable. While we do our best to run all the activities listed in this information pack, if there is not enough snow some activities (in particular snow tubing and sledding) may not be available. In this case, we will provide alternative programme activities suitable for the weather conditions.







The table below gives an example itinerary for the two New Year's Break package options. Note that activities will not necessarily take place in this order. While we do our best to provide the activities advertised here it is occasionally necessary to make changes based on weather conditions and supplier availability.

4 day	6 day
Tschenten sled day	Tschenten sled day
Eisstock +	Eisstock +
bouldering	bouldering
Engstligenalp with	Engstligenalp with
snow tubing	snow tubing
Onsite – winter	Onsite - winter
games	games
Departure day	Winter kayaking on
	Lake Brienz
	Winter survival skills
	onsite day

The next few pages give more detail about each activity. Evening programmes are also included in all package options and are joint activities with all guests at Our Chalet.









Sledding is a challenging winter sport here and Tschetenalp offers almost 15km of groomed sled runs for you to try.

Our staff will teach you the basics on the baby slope before taking you on your first real sled run. Then you're free to have a go at your own speed! If you're already an experienced sledder there are harder red and black level runs to try. All the runs end at a chairlift, meaning you never need to drag your sled uphill!

Sleds and helmets are provided by Our Chalet. Participants need warm, waterproof layers for top and bottom, and boots with ankle support (snow boots or hiking boots work well). Sunglasses or ski goggles are recommended.

Physical activity level:

Walking: The walk from Our Chalet to the gondola station is 20 mins walk down a steep hill + 10 mins mostly flat and return via the same route (approx. 30 mins up the steep hill). For those who do not wish to walk taxis can be arranged at extra cost.

Sledding: You brake and steer with your feet, therefore sledding is not suitable for those with serious ankle or knee problems. There is always a risk of falling from a sled; this is not a recommended activity for those with brittle/weak bones. Helmets are mandatory.









Eisstock is a sport similar to curling and popular in the Alpine regions of Switzerland. Slide your stick over the ice and try to get it closest to the target! A great team-building activity and taste of Swiss culture. Then try bouldering in the indoor climbing area.

Physical activity level:

The walk to/from the Arena is approximately 40 minutes including steep uphill and steep downhill. The return walk follows the same route. For those who do not wish to walk taxis can be arranged at extra cost. Eisstock and bouldering can be adapted to suit different fitness/ability levels.





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Engstligenalp is located at 1,964m and offers spectacular views of the valley and the surrounding mountains, as well as Switzerland's second highest waterfall, which may be frozen during your visit! The walk from Our Chalet to the gondola station follows the river through Swiss farmland with beautiful views of the surrounding mountains.

Once you reach the gondola station you travel around 600m up to the alp by gondola where you can enjoy the views with your packed lunch before donning helmets to give snowtubing a try. After snowtubing there's time to warm up with a hot drink in the mountain restaurant before heading back to Our Chalet.

Optional Fondue Lunch:

There is an option of adding on a fondue lunch in the fondue igloo on the alp, this is CHF 39 for adults and CHF 24 for children. Please let us know at booking if you would like to add this. Note: this is a traditional fondue of cheese and bread only. Sides can be added on the day for extra cost.

Physical activity level:

Walking: The walk from Our Chalet to the gondola station is approximately 1.5-2 hours, mostly downhill and flat with a short uphill section near the end. The return journey is by bus plus approx. 30 mins of uphill walk. For those who do not wish to walk taxis can be arranged at extra cost.



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Snowtubing: This activity is fast but easy! Participants simply need to sit in a snowtube ring and slide down the track. It is not recommended for those with brittle/weak bones.



Spend a day onsite at Our Chalet enjoying fun and challenging team games. We have a range of indoor and outdoor games for all weather conditions

Physical activity level:

Games can be adapted to all fitness and ability levels.





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Experience the stunning winter views from Lake Brienz on a winter kayaking adventure. Qualified, English speaking guides take you on a tour of the lake in sea kayaks with drysuits to keep you warm as you glide through the winter landscape. This is the perfect way to see a different type of winter landscape while trying something new and adventurous!

Note: Due to drysuit sizing there is a limit on the number of people under 150cm height that can take part in this activity. Please let us know when booking how many people in your group are under this height.

Physical activity level:

Transport to/from Interlaken is included, however, there is a 20 minute downhill walk to the transport pick up point and a return uphill walk at the end of the day. A 30-minute flat walk along the river brings you to the kayak school from the drop off point. Up to 2 hours is spent kayaking. Double kayaks are possible for those who would struggle to control a kayak on their own. Transfer board and adaptive equipment are also available.

Note: This is only included in the 6-day package









Learn how to survive in the winter with a series of fun activities and challenges on our winter survival onsite day. Teamwork, leadership, creativity, and practical skills are all tested in a programme perfect for families and groups.

Physical activity level:

Activities can be adapted to all fitness and ability levels.

Note: This is only included in the 6-day package









All our New Year's Break Packages include evening programmes run by our international staff. Evening programmes vary but may include games night, campfire, New Year's Eve party, guided night hikes, Swiss night, and international night.

Each evening programme lasts approximately 1.5 hours and gives participants opportunities to learn new skills and get to know other guests. All evening programmes are optional, we just ask that you let us know on the day whether or not you plan to attend.

Our New Year's Eve party lasts longer offering family friendly fun through to midnight, when we head outside to watch the village fireworks.

Note: our New Year's Eve programme is designed to be suitable for children, we do not allow alcohol to be consumed during this programme. Guests wishing to celebrate in a more adult fashion are advised to look into party options in the village of Adelboden. Excessive alcohol consumption and fireworks are not permitted on the Our Chalet site.





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Important information about accommodation:

- For New Year's Break only fully catered, indoor accommodation is available.
- Our Chalet is open to guests of all genders. We are not able to guarantee singlegender hallways or buildings.
- For groups, rooms will be allocated by Our Chalet and it is up to group leaders to allocate their participants to each room.
- Rooms are not shared between groups, unless multiple groups request to share.
- Bed linen and towels are provided and for hygiene reasons we do not allow the use of sleeping bags in our accommodation.
- For fire safety reasons it is not possible to add extra beds or mattresses to any of our rooms.
- We are not able to provide cots or cribs. Please arrange to bring your own travel cot/crib with you if needed.
- For full details of wheelchair accessibility please e-mail info@ourchalet.wagggs.org





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Our indoor accommodation is offered across two buildings:

Main Chalet opened in 1932 and offers dorm rooms, triple rooms, twin rooms, and a single room. The largest dorm room can sleep up to 14 guests. None of the rooms in Main Chalet have bunk beds.

Spycher House opened in 1999 and offers one dorm room (sleeps up to eight guests), quad rooms, twin rooms, and two single rooms. Some rooms in Spycher House have bunk beds.

For groups, rooms will be assigned by our office staff based on your needs. To maximise availability, groups may be split across both buildings. Our staff always ensure at least one leader is in the same building as participants from their group.

Participants from different groups do not usually share rooms (unless by request), however, different groups will share the same common facilities such as bathrooms and hallways. Our Chalet is open to guests of all genders.

For details of wheelchair accessibility in our indoor accommodation please e-mail <u>info@ourchalet.wagggs.org</u>. As a broad overview, accommodation suitable for manual wheelchair users is available in Spycher House. Users of powered wheelchairs or mobility scooters who can transfer to a manual chair without the use of a hoist can also access this accommodation.



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All meals from dinner on arrival day to packed lunch on departure day are included in the package cost.

The kitchen at Our Chalet is operated by the Kitchen Manager and a team of volunteer staff. We do our best to accommodate dietary requirements (when notified in advance), however, if you have a severe allergy or complex dietary requirement, we recommend you discuss your needs prior to booking.

Breakfast

A cold breakfast of cereals, yoghurt, bread, cheese, and fruit is available every morning in a self-service buffet style. Hot and cold drinks are also included.

Packed lunch

Guests make a packed lunch (sandwiches, fruit, snacks, etc.) each morning. We recommend guests bring a lunch box or bag to carry their lunch as we do not offer single-use sandwich bags.

Dinner

Dinner is served at one sitting and offers one option for everyone. Typical dinners include Swiss dishes such as rösti and camp favourites like chilli or pasta. Dinners always include salad or vegetables and include two courses with a main meal and dessert.

Drinks

Hot chocolate, tea, and coffee and fruit juice are available at breakfast. Only tap water is provided with packed lunch and at dinner. Guests are welcome to bring their own non-



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alcoholic drinks to meals. We sell a range of soft drinks in our onsite shop. Self service tea, coffee, and hot chocolate are available 24/7 in the T-bar for a donation.







We look forward to welcoming you to your home in the Swiss Alps!

