

Our Chalet

# Adventure

# 2027



Open to Guides and Scouts aged 12-18

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Discover the magic of your  
home in the Swiss Alps

# Key Information

## Who can attend Adventure 2027?

Our Adventure programme is for Guides and Scouts aged 12-18 accompanied by a limited number of leaders age 18+. Adventure is designed for Guides/Scouts ready to push themselves to new heights in the outdoors. It is the most physically demanding of our summer programmes and includes lots of mountain hiking.

We recommend participants (and leaders) in our Adventure programme have previous hiking and outdoor experience and are excited to spend time in the mountains and outdoors in all weathers.

Our summer programmes are designed for groups of around 8-20 youth accompanied by adults in a ratio of 2 adults per 8 youth. For very small groups (fewer than 6 youth) and large groups (more than 20 youth) please contact us to discuss suitability prior to booking.

**Summary: Groups of 8-20 Guides/Scouts age 12-18 accompanied by up to 2 leaders (18+) per 8 youth. Ideal for those with previous hiking experience and an enthusiasm for being outdoors.**

## Dates and Prices

Adventure 1 - 6 - 12 July 2027

Adventure 2 - 30 July - 5 August 2027

**NOTE: Arrival is by 4.30pm at latest for the Adventure programme.**

### Youth (12-15):

Camping (self-catered): CHF 369

Squirrel House (self-catered): CHF 543

Indoor (catered): CHF 843

### Youth (age 16-18) + Leaders (2 per 8 youth):

Camping (self-catered): CHF 411

Squirrel House (self-catered): CHF 585

Indoor (catered): CHF 885

Extra costs: Tent hire CHF17 large tent, CHF8.50 small tent. Single/twin room: +CHF10 pppn.

Caterer: Free accommodation for one caterer (age 18+) for groups of 10+ camping or in Squirrel House. This adult is in addition to the 2:8 ratio. The caterer cannot take part in programme.



# Programme Activities

## **How many activities are in the event?**

- 4 day programmes, including one overnight off-site.
- 4 evening programmes
- Pinning ceremony and tour after dinner on arrival day

Day programmes usually start at 09:00 and finish between 17:00 and 18:00. Except for onsite day we are away from the Centre all day so expect busy, action packed days! In the Adventure programme there is an overnight hike and participants are away from Our Chalet overnight.

## **Can we plan our own activities?**

There is one free day in the middle of the event. On this day you can plan your own activities or relax at Our Chalet.

## **Can we skip activities we don't want to do?**

Yes, all activities are optional. We ask you to let our staff know so we don't wait for you. As this event is sold at a package price we cannot give refunds for missed activities. Please note: for the overnight hike anyone signing out must sign out of both days.

## **How much walking is there to get to activities?**

Our Chalet is located 1.2km (0.75 mile) up a steep hill from the nearest bus stop. On days where we use public transport we must walk to/from the bus stop. See accessibility pages for more details.

## **Are activities guided or self-led?**

All programme activities (day and evening) are guided by Our Chalet staff or volunteers. The Adventure Park is overseen by a qualified, local staff.

## **Do leaders have to take part in all the activities?**

At least one leader aged 18+ must take part in all activities with their group. The leader is responsible for behaviour of their group and any first aid needs. The leader must be physically and mentally fit for the activities and willing and able to lead by example. **For the overnight hike we require at least 2 leaders age 18+ per group to take part.**

Your Member Organisation may require more than one leader to take part, groups are responsible for checking their own Member Organisations rules.

## **Are activities risk assessed? Who is responsible for first aid?**

Yes, all activities are risk assessed. Our risk assessments are reviewed prior to the start of each season to keep them up to date. It is the responsibility of the group to check that activities meet their Member Organisations rules and are covered by their travel insurance.

Leaders are responsible for first aid for their group at all times. Our Chalet staff are only permitted to provide first aid in a life-threatening emergency. We expect leaders to be prepared and capable of handling first aid situations for all their group.



# **SURVIVAL ONSITE DAY**

Spend the day onsite at Our Chalet learning survival and outdoor skills with games and challenges from our international volunteer team.

This day focuses on teamwork, independence, and sharing skills. Activities take place outside, whatever the weather!

## **Good to know**

- We will ask you to give us an idea of your group's previous outdoor experience and skills in advance so that we can adjust the activities to a suitable level of challenge.

## **Accessibility**

- Activities can be adapted to a range of abilities.
- Our site is hilly with uneven ground. Depending on the weather ground can be wet and/or muddy.

# OVERNIGHT

## HUT HIKE



Challenge yourself to a full two day adventure in the mountains!

Our staff will lead you on a full-day mountain hike. It's a tough walk but with plenty of stops for breaks, games, and learning about what's around you. Our destination will be a small mountain hut where you will spend the night either in dorm rooms or tents (provided). You'll cook your own dinner together and have a short evening programme before bed.

The next day we set out for another day of hiking, continuing on to another valley. At the end of our hike we return to Our Chalet via public transport.

### Good to know

- The exact hike and the location of the mountain hut will be confirmed closer to the event. Accommodation may be in tents, bunk beds, or hut mattress bunks (one long bunk).
- **Hiking time will be 4 to 5 hours of active walking time** (plus breaks) on mountain trails. On the first day there will be lots of uphill, on the second day lots of downhill.
- We walk at a steady pace with plenty of breaks. Our volunteers will lead hiking games, point out things to see, and encourage youth with their hiking. We expect leaders to be physically fit for the hike and able to lead by example and encourage their group.
- Two leaders age 18+ must accompany each group for the overnight hike.
- Hiking boots with ankle support are required. Participants must carry their own backpack.
- Sleeping bag liners are required. Participants can bring their own or purchase onsite.

### Accessibility

- The hike takes place on mountain trails which include uneven and narrow sections, can be muddy, and have tree roots, stones, etc. underfoot.
- Participants must carry their own backpack with food, water, rain gear, overnight clothes.



# ZIPLINING & TSCHENTENALP

Conquer the ziplines at Adelboden Adventure Park! You'll spend half a day testing your courage on ziplines of varying heights and lengths. There's also a high ropes course and the option to speed abseil (rappel) off the bridge.

The other half of the day is spent exploring heights in a more relaxed way; we take the cable car up to Tschenenalp where you can visit the famous giant swing and enjoy views all the way down the valley.

## Good to know

- The walk to the Adventure Park is approx 45 to 60, mins depending on group pace.
- For the Adventure Park - at least one leader age 18+ must accompany their group on the walk to the Park and remain in the Park. They are not required to take part in the ziplining.
- There is a maximum weight limit of 120kg, there is also a maximum thigh size for the harness, please contact us for further information if this may be relevant to your group.

## Accessibility

- Ziplining requires climbing steps without a handrail and strong use of at least one arm/hand.
- Ziplining is not recommended for those with knee or ankle injuries.
- A full-body harness can be provided for those with poor balance/reduced coordination. Participants using a full-body harness must be accompanied on the ziplines by a leader from their own group.

# EVENING PROGRAMME



Evening programmes take place onsite at Our Chalet on all evenings except the free day and lasts from 1 to 1.5 hours. During the overnight hike your evening programme happens at the mountain hut. These range from traditional favourites like campfire and International Night to WAGGGS programme tasters and special celebrations like Our Chalet's birthday (31 July).

On your first evening we do a pinning ceremony and tour to start your event and help you get to know our site.

All evening programmes are optional, if your group needs an early night or simply wants some time to relax and chat you are, of course, welcome to do that instead.

## Good to know

- During dinner on your arrival day there will be a leaders meeting. One leader from each group needs to attend this meeting, where you will meet our programme staff and make sure you have all the information you need for the week ahead.

## Accessibility

- Activities can be adapted to meet the access needs of all participants.
- Our campfire circle is located up a very short, steep gravel path. We are currently working on improving this access and hope to have a more accessible path in place by 2027. There is seating at the campfire circle.

# Meals

Meals are included in indoor accommodation packages for Main Chalet/Spycher House only. Meals are not available for campsite or Squirrel House packages. Groups staying in these accommodations must self-cater.

On the overnight hike all guests must help with cooking (food provided).

For groups booked on to the indoor accommodation package all meals from dinner on arrival day to packed lunch on departure day are included in the cost and provided by Our Chalet.

The kitchen at Our Chalet is operated by the Catering Coordinator and a team of volunteers. We do our best to accommodate dietary requirements, however, if your group has a participant with a severe allergy or complex dietary requirement we recommend you discuss your needs prior to booking.



**Breakfast** A continental breakfast of cereals, yoghurt, bread, cheese, and fruit is available every morning in a self-service buffet style. Hot and cold drinks are also included.

**Packed lunch** of sandwiches, fruit, & a small snack is made by participants each morning to take with them on programme. All participants are required to bring a lunch box or bag to carry their lunch. Please note: we strongly encourage groups to bring additional snacks that they know they like and will keep them energised for a busy day!



**Dinner** is served at one sitting and offers one option for everyone. Typical dinners include Swiss dishes such as rösti and camp favourites like chilli or pasta. Dinners always include salad or vegetables and are two courses with a main meal and dessert. Special diet meals, including vegetarian, are available only to participants who have notified us in advance of their need for a special meal.

# Accommodation



Indoor accommodation package includes six nights of accommodation, meals from dinner on arrival day to packed lunch on departure day, luggage transfers, and all event programme activities.

Our indoor accommodation is offered across two buildings:

**Main Chalet** opened in 1932 and offers dorm rooms, triple rooms, twin rooms, and a single room. The largest dorm room can sleep up to 14 participants. None of the rooms in Main Chalet have bunk beds.

**Spycher House** opened in 1999 and offers one dorm room (sleeps up to eight participants), quad rooms, twin rooms, and two single rooms. Some rooms in Spycher House have bunk beds.

Rooms will be assigned to your group by our office staff based on your needs. To maximise availability, groups may be split across both buildings. Our staff always ensure at least one leader is in the same building as participants from their group. Participants from different groups do not usually share rooms (unless by request), however, different groups will share the same common facilities such as bathrooms and hallways. Our Chalet is open to Scouts and Guides of all genders.

For details of wheelchair accessibility in our indoor accommodation please e-mail [info@ourchalet.waggs.org](mailto:info@ourchalet.waggs.org). As a broad overview, accommodation suitable for manual wheelchair users is available in Spycher House. Users of powered wheelchairs or mobility scooters who can transfer to a manual chair without the use of a hoist can also access this accommodation.

## Accommodation



Camping package includes six nights of accommodation, luggage transfers, and all event programme activities.

**Note: Tent hire is not included in the camping package.** We have a limited number of tents (with mattresses) available for hire at an additional cost.

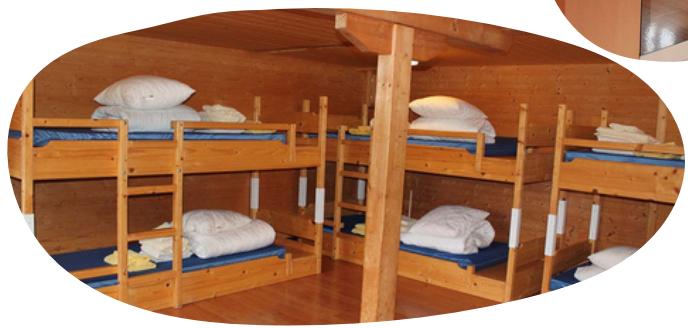
Our campsite can accommodate up to 50 people. For hygiene reasons participants must bring their own sleeping bags, even if hiring a tent from Our Chalet. Camping is available as a self-catering option only.

Camp House contains a small kitchen for the use of campers. Equipment for outdoor cooking is also available. Please note: **in summer multiple groups share the kitchen.**

Toilets and showers are available in Camp House. The upstairs of Camp House can be used for shelter in wet/stormy weather. Note: **it is not permitted to sleep in Camp House, campers must sleep in their tents.**

It is approximately a five minute walk from the campsite to Main Chalet and Spycher House. Grocery deliveries are available from Coop@Home and can be delivered Monday – Saturday. Our campsite is partially wheelchair accessible, for full details please e-mail [info@ourchalet.waggs.org](mailto:info@ourchalet.waggs.org).

## Accommodation



Squirrel House accommodation package includes six nights of accommodation, luggage transfers, and all event programme activities.

Please note: there is a minimum group size of eight to book Squirrel House for a Summer Youth Event.

Squirrel House is perfect for smaller groups who would prefer not to camp but do not need the full indoor accommodation package. In summer Squirrel House is available as self-catering accommodation only. Squirrel House sleeps up to six people downstairs on bunk beds and up to ten people upstairs on mattresses. There is a small kitchen in the downstairs sleeping area for self-catering. Squirrel House has two toilets – one downstairs and one upstairs – and one shower.

Squirrel House is not suitable for wheelchair users and is not recommended for those with limited mobility. Grocery deliveries are available from Coop@Home and can be delivered Monday-Saturday.

# Accessibility

Our Chalet is passionate about offering international experience and adventurous, outdoor activities to girls and young women with disabilities. Our Adventure programme is designed to provide physical challenge mainly through mountain hiking and is not suitable for participants with very limited mobility, low fitness, or health conditions that cause fatigue. If you are unsure if Adventure is suitable for your Guides/Scouts, please contact our programme team and we will be happy to advise.

**IMPORTANT:** Adventure is a busy, activity-packed programme for Guides/Scouts aged 12-18. All participants must be able to participate in high-energy activities with peers of their own age and need a good level of fitness. It is not suitable for those who need frequent rest periods/naps, have low fitness, or who have learning, behavioural or social communication needs that would prevent them from participating in age-appropriate group activities.

## **Can youth who need 1:1 support take part?**

Yes, for Guides/Scouts who need 1:1 support we allow groups to book carer/assistant places. Adults fulfilling carer/assistant places can be in addition to the 2 youth to 8 adults ratio for this event. Please tell us **prior to booking** if you need a carer/assistant place. Please note that to keep this system fair we may ask for proof of the need for 1:1 support. Carer/assistant places are charged at the full leader rate and the person must take part in all activities with the youth they are supporting. Youth who need 1:1 support may be eligible to apply for a scholarship, please ask us about this when making a booking enquiry.

## **Can youth with medical conditions such as epilepsy, diabetes, food allergies, etc. take part?**

In most cases, yes. We encourage leaders to contact us prior to booking to ensure we can enable the Guide/Scout to participate safely in our programme. Participants with diabetes, epilepsy, asthma or any other medical condition that may cause sudden severe illness must have confirmation from a medical professional that their condition is well-controlled and the activities outlined in this programme are safe for them to take part in.

Those with severe food allergies are strongly recommended to contact us prior to booking.

## **Can neurodiverse youth or those with learning disabilities take part?**

In most cases, yes. Youth must be able to participate in age-appropriate group activities and be able to cope with a busy programme schedule. The programme is not suitable for youth who are prone to/have a recent history of elopement or wandering. Participants in the Adventure programme must be able to follow safety instructions without the assistance of another person. Please note: for the overnight hike participants must be able to share a dorm room with up to 20 other young people.

## **Can youth with mental health conditions take part?**

In most cases, yes. The programme is not suitable for youth who have a recent history of self-harm or of aggressive or violent behaviour. Please note: for the overnight hike participants must be able to share a dorm room with up to 20 other young people.

# Accessibility

## Access to toilets

During off-site programme we often have access only to public toilets. Often this means we do need to queue to access toilets. In general there is a toilet break opportunity at least every 2 hours.

For those who need to know where the nearest toilet is we can provide this information on a printed sheet, please let us know prior to arrival if you need this so we can prepare it.

On the hiking days, there may be no toilet facilities during the hike (depending on the route). We recommend participants are practiced and prepared to go to the toilet in the wild and carry the necessary items to this following leave no trace principles.

## Restricted mobility

The Adventure programme is not suitable for participants with severely restricted mobility. We recommend checking our Explore and Discover programmes which are often suitable for those with severely restricted mobility, including wheelchair users.

For participants with balance, coordination, or gait issues, and amputees, who are able to walk in mountainous terrain we are happy to support participation in our Adventure programme. Please contact us to discuss before booking so we can ensure the participant is able to fully take part.

## Sensitivity to noise/crowds & difficulty waiting

As we visit popular locations during the height of the tourism season we often encounter crowds and need to wait/queue at some locations. Below are some examples, we advise guests to contact us if they need more information.

- **Public bus** - buses are often extremely busy in summer, often with other youth groups and some people may need to stand (max journey time 20 mins). It can be hot and loud inside the bus. To ensure we do not miss a bus we usually arrive at the bus stop 10 to 15 mins prior to departure and must wait.
- **Cable Car** - on good weather days the cable car can be very busy, up to 20 people travel in each cable car and it is standing room only and packed close together. There can be a wait time of up to 10-15 mins to board.
- **Ziplines** - can be very busy with other Scout/Guide groups. There may be a wait of 15-20 mins to start the activity. Once in the ziplines it is not possible to exit until the end of the section (up to 15 mins moving time) unless in an emergency.
- **Dining Hall** - our dining hall is small and can get hot and very loud in summer. Guides/Scouts sit up to 10 per table on benches. Middle seats can be hard to exit quickly. We can arrange for a limited number of people to eat outside the dining hall. Groups with multiple participants who struggle with noise or crowds are encouraged to consider our self-catered accommodation.

# Accessibility

## Leaders with disabilities

We strongly believe in the value of young people seeing adults with disabilities lead and we strive to have staff and volunteers with disabilities and neurodiversity in leadership roles.

The focus of our summer programmes is the youth participants, therefore the programmes are not suitable for leaders who need 1:1 support to fulfil the duties of a leader.

Leaders must be able to support youth to participate in all activities, be responsible for the behaviour and emotional wellbeing of their youth members, and provide first aid if needed. In many cases leaders with physical disabilities, medical conditions, or neurodiverse leaders can meet these requirements. If a leader needs to attend with a carer/assistant to help with personal care or mobility, please contact us to arrange this. The carer/assistant should not be one of the other leaders in your group so that all leaders focus is on the Guides/Scouts.

Neurodiverse leaders, those with mental health conditions such as anxiety, or learning disabilities should carefully consider how they will handle the unfamiliar setting and their ability to handle unexpected or emergency (inc. first aid) situations in a foreign country. Our summer programmes are youth-focussed programmes and are not suited to leaders who need 1:1 support to fulfil the duties of a leader.

We have a range of adult-focussed and leadership-development focussed programmes that are open and accessible to adults of all ages. We encourage those who are not currently ready to lead internationally without support to attend one of these events instead of a summer programme.

